

# Dartmouth Food Calendar - January

## Food Banks

<b>Salvation Army Food Bank</b> Tuesdays*, 1-3pm by appointment 946 Main Street (902) 466-6176	<b>Demetreous Lane Food Bank</b> Second Wednesday of each month, by appointment 12 Canso Lane (902) 407-5557
<b>St. James United Food Bank</b> Every other Tuesday 181 Portland Street (902) 464-8852	<b>Dartmouth North Christian Food Bank</b> Thursdays, 9:30am-12pm 27 Farrell Street (902) 466-2475
<b>North Dartmouth Outreach Resource Centre (NDORC)</b> Wednesdays, 8:30-10am 44 Hester Street (902) 469-2188	<b>Christ Church</b> Thursdays, 8am-10am 61 Dundas Street (902) 466-4354
<b>Dartmouth Community Fridge</b> Accessible 24/7 61 Dundas Street (Christ Church outdoors by food bank)	<b>East Dartmouth Christian Food Bank</b> Thursdays, 8am-11am 51 Woodlawn Road (902) 434-5819
<b>Dartmouth North Food Pantry</b> For families living in need 276 Windmill Road, by appointment Send message via Facebook page for appointment	<b>Cole Harbour Woodside United Church Food Bank</b> 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of each month, 1-3pm 15 Bissett Road (902) 434-7714

## Meals

<b>The North Grove Community Lunch*</b> *new service Mondays, 12-1pm, beginning Jan 9 6 Primrose Street (902) 464-8234
<b>Margaret's House/Feeding Others of Dartmouth</b> Mondays-Fridays, 11:30am-12:30pm 43 Wentworth Drive (902) 464-2919
<b>Alderney Gate Public Library</b> "Coffee Corner" (features light breakfast) While supplies last Fridays, 10am-11am (902) 490-5745
<b>Dartmouth North Public Library</b> Soupy Saturdays Saturdays, 12pm, beginning Jan 14 While supplies last (902) 490-5840
<b>Dartmouth North Public Library</b> Teen Lunches Fridays, beginning Jan 20 11:45am – 12:45pm While supplies last (902) 490-5840
<b>The North Grove Family Supper*</b> *new service Tuesdays, 5:30-6:30pm, beginning Jan 10 6 Primrose Street (902) 464-8234

## Programs

<b>Affordable Produce Market</b> Some free take-away produce bags (while supplies last) The North Grove Fridays, 10am-11:30am 6 Primrose Street Call (902) 464-8234 for details	<b>Coffee Talk for Parents</b> The North Grove Monday, Jan 30 10-11:30am 6 Primrose Street (902) 464-8234
<b>Square Roots Produce Bundles</b> Every two weeks. Next one, week of: Jan 4 Follow Tony Mancini on Facebook for sign-up page. Sign up page is updated closer to the program's date.	<b>Family Playgroup</b> The North Grove Wednesdays 10-11:30am 6 Primrose Street (902) 464-8234 to register
<b>Crafts &amp; Coffee</b> Dartmouth North Library Wednesday, Jan 18 6-7:30pm 105 Highfield Park Drive Register either in-person or online	<b>Food Demo</b> The North Grove Tuesdays, beginning Jan 10 10-11am 6 Primrose Street (902) 464-8234 to register